

# You're Someone Special

# Over \$150 in Savings!

Offers Good May 24 to June 6, 2023

"Spam Siu" Bao

pg. 26

Spam Katsu Musubi Sandwich pg. 38

Baked Portuguese Sausage Pasta & Cheese pg. 44





Aloha KTA 'Ohana, for many families, the start of summer signals long, lazy days, fun beach outings and delicious BBQs. We're here to help you get cookin' with amazing grilling recipes from our KTA chefs, always available online at ktasuperstores.com/

Make the most of summer and get outside! If you're out and about, take photos of the Hawai'i Island we love and enter our KTA Gift Card Photo Contest! Your photo could be printed on our 2023 Limited Edition KTA Gift Cards in the fall and the three winners will get a \$100 KTA Gift Card! Learn more and enter at ktasuperstores.com/promotions.

We look forward to seeing how you spend your summer. Don't forget to tag us in your adventures and #KTAeveryday for a chance for your photo to be featured on our Instagram, Facebook or Twitter page!







recipes or on YouTube.











**Baked Portuguese** Sausage Pasta & Cheese pg. 44



## **Coupons**

Grocery	4
Perishables	40
Health & Beauty	48
Household	52
Wines & Spirits	60
Coupon Index	63

#### **Featured Chef**

#### **Grant Sato**



Chef Grant Sato has been teaching Culinary Arts at Kapiolani Community College since 1998. Specializing in Japanese, Thai and Korean cuisine, Chef Sato was the International winner of the 2015 Global Taste of Korea Competition. Chef Sato was also the Host and Co-Executive Producer of the local TV show, What's Cooking Hawai'i.



Sign up to receive our Coupon Book with Quick & 'Ono recipes and \$150 in savings at ktasuperstores.com/stay-in-touch or scan the code!

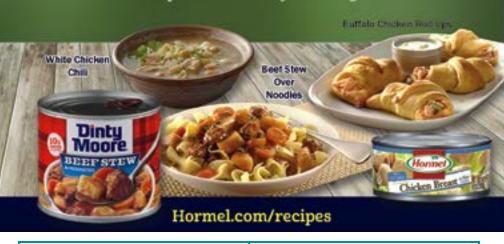
The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.





Hormel Premium Chicken Breast is perfect for a satisfying salad or sandwich and is 98% fat free!

Also try Dinty Moore Beef Stew for a quick meal your family will love. Hot, hearty and always delicious—it's perfect for busy weeknight dinners!



**No Preservatives** 

Dinty Moore Beef Stew 20 oz.

**2**99



In Water Hormel Chicken Breast





There's a SPAM® flavor for everyone.

Try one. Then try another.

There's no wrong order.

SPAM® has captured hearts and taste buds since 1937 by consistently bringing deliciousness and creativity to a wide range of meals.



Spam.com/recipes







With Chicken & Pork

Libby's Luncheon Loaf

**2**<sup>39</sup>



Reg., No Salt Added or Basil, Garlic & Oregano

Hunt's Tomato Paste

Hunts
Donato Paris
Librario Paris

100% Natural Hunt's Tomato Puree 10.75 oz.

139



Black, Kidney, Pinto or Red

Bush's Best Chili Beans 15.5 to 16 oz.

**179** 

In Olive Oil



High in fiber!

Bush's Best Baked Beans

2:\$4



Genova Yellowfin or Albacore Tuna

5 oz.

2:\$4



Chicken
of the Sea
Baby Clams



**Breakfast favorite!** 

Libby's Corned Beef

**4**99

Without coupon 5.49, limit 5 per coupon







**In Tomato Sauce** 

#### Van Camp's Pork and Beans 8 cans - 15 oz.

**9**99

Van Gmp's
PORX
BEANS



y 24 to June ≡



Without coupon 10.49, limit 5 per coupon

### Regular or Reduced Sodium

#### **Bush's Best Beans**

Black, Garbanzo, Cannellini, Kidney, Great Northern, Pinto or Blackeye Peas 15 to 16 oz.

99¢

Without coupon 1.19, limit 8 per coupon







1324-20



ne 6, 202

In Water, Oil or Sauce Chicken of the Sea Sardines 3.75 oz.

88¢





All Natural Salt, Organic Pepper or Garlic

**Drogheria &** Alimentari **Grinders** 1.24 to 3.18 oz.



**Beef Recipes McCormick** Seasoning **Mixes** 1.31 to 2.11 oz.

00



Hamburger or Tuna **Betty Crocker** Helper Meals 5 to 6.9 oz.



**Progresso** Soup Savings! 18.5 to 19 oz.





White Shoepeg, Mexicorn or Niblets

**Green Giant Steam Crisp** Corn 11 oz.





**Extra Long Green Giant Asparagus Spears** 15 oz.



**Purified** 

Hawaiian **Mountain** Fresh Water

1.5 liters



**Distilled or Purified** Hawaiian **Mountain** Fresh Water 128 07.



**No Artificial Flavors** 

## McCormick Chili Seasoning Mix

1.25 oz.

Without coupon 4 for 6.00, limit 2 sets per coupon Coupon price good on set purchase only.

CHILI CHILI

Excludes Gluten Free





100% Natural

## Swanson Chicken Broth

32 oz.

**2**79

Without coupon 3.29, limit 8 per coupon





-50



**Green Giant Vegetables** 

Green Beans, Sweet Peas, Whole Kernel Sweet or Cream Style Corn 4 cans

**4**99

Without coupon 5.99, limit 5 per coupon





1305-100



ne 6, 202

Perfect for pasta dishes!

#### Essential Everyday Tomato Sauce

8 oz.

3:\$2







Whole Grain Pasta

**1**77



**Plant-Based Protein** 

Barilla Legume Pasta

8.8 07.

2:\$5



Made with corn & rice!

Barilla Gluten Free Pasta

**2**59



**Rustic Basil or Creamy Genovese** 

Barilla Pesto Sauce 6.2 to 6.5 oz.





#### **Barilla Pasta**

Linguine, Spaghetti, Cellentani, Elbows, Fettuccine, Campanelle, Angel Hair, Penne Rigati, Large Shells, Farfalle, Rotini 16 oz. or Tri-Color Rotini 12 oz.

Without coupon 3 for 6.00, limit 3 sets per coupon Coupon price good on set purchase only.





1368-100

**Regional Collection** 

Barilla Pasta Sauce 24 oz.

Without coupon 3.29, limit 8 per coupon





1369-50

Nacho topper!
Embasa
Nacho Sliced
Jalapeños
11 oz.

**2**49



Ancho
Badia
Chili
Pods
3 oz.





Crunchy, Soft or Crunchy & Soft

Taco Bell Taco Dinner Kit 8.85 to 14.6 oz.

**3**39



Taco Bell Crunchy Taco Shells 6.75 oz., 18 count

**3**49

Marshmallow Lovers or Unicorn Marshmallows

Swiss Miss Hot Cocoa Mix 6 count

**3**89



Mild

Rosarita Enchilada Sauce 20 oz.

**2**69



Sliced

Early California Olives

3.8 oz.

188



Manzanilla

Early California Pimiento Stuffed Olives



Original

#### Los Pericos Tostadas

10 count

129

Without coupon 1.49, limit 3 per coupon







Mild or Medium

# Taco Bell Thick & Chunky Salsa

789

Without coupon 3.19, limit 5 per coupon





24 to June



Traditional, Vegetarian or No Fat

## Rosarita Refried Beans

30 oz.

**3**19 ea.

Without coupon 3.39, limit 5 per coupon





1341-20



une 6, 2023

**Regular or Reduced Sodium** 

### Early California Large Olives

Pitted Ripe 6 oz.

2:\$3



Marinade & Grilling Kona Coast Teriyaki Sauce 15 oz.

**3**19



Imported
Mezzetta
Non-Pareil
Capers
4 oz.

**2**<sup>19</sup>



Real or Light

Best

Foods

Mayonnaise
20 oz. squeeze

**4**29



Made with organic free-range eggs!

Best Foods Organic Mayonnaise

**4**99



Traditional Classico Pizza Sauce

**199** 

14 oz.



For steak, pork & chicken!

A.1. Original Sauce

**3**<sup>29</sup>



100% Natural

Heinz Yellow Mustard

**1**89



Add to hot dogs!

Heinz Sweet Relish



**Deli-Sliced** 

# Mezzetta Peppers or Peperoncini

16 oz.

**2**19

Without coupon 2.39, limit 5 per coupon











Real or Light

Best Foods

Mayonnaise

30 oz.

**4**99

Without coupon 5.99, limit 5 per coupon





y 24 to 30

1308-100

**All Natural** 

#### Heinz Distilled White Vinegar 128 oz.

**3**69

Without coupon 3.99, limit 5 per coupon





1322-30



une 6, 2023



Original or Thick & Chunky
Hunt's Manwich
Sloppy Joe
Sauce
15 to 15.5 oz.

**17**7



Kosher Dill or Bread & Butter

Vlasic Stackers Pickles 24 oz.

**3**29



Salad Dressing & Recipe Mix

Hidden Valley Ranch Seasoning 4 count - 1 oz.

**1**99



**Seasoning & Salad Dressing** 

Hidden Valley Original Ranch Mix 8 oz. canister

**7**49



Marinated
Cara Mia
Artichoke
Hearts
6.5 oz.

2:53



White or Red Star Wine Vinegar 12 oz.

**2**79



**Organic & Gluten Free** 

Oregon Chai Original Chai Tea Latte

619



Non-Alcoholic Reed's Ginger Beer 4 btls. - 12 oz.

**6**<sup>79</sup>



Drizzle over salad!

# Wish-Bone Dressing

15 oz.

2°55 ea. set

ITALIAN RANCH





Without coupon 2 for 6.00, limit 4 sets per coupon Coupon price good on set purchase only.

**Original or Buttermilk** 

# Hidden Valley Ranch Dressing

16 oz.

**3**99

Without coupon 4.19, limit 5 per coupon





1325-20 June 6, 2023

Original Pure, Extra Virgin or Light

Star Olive Oil 16.9 oz.

**5**99

Without coupon 6.29, limit 5 per coupon





1326-30



ne 6, 2023

Non GMO
Stash Tea
Savings!
18 to 20 bags



Yuban Instant Coffee 8 oz.

**5**99



Original Roast
Maxwell House
Instant
Coffee

**5**<sup>39</sup>

8 07.



Chocolate Flavor

Nestlé Nesquik Drink Mix 20.1 oz.

6<sup>29</sup>



Nestlé French Vanilla or Hazelnut

Coffee mate Sugar Free Creamer Non-Dairy 10.2 oz.

**5**49



**Premium Coffee Drink** 

Starbucks Nitro Cold Brew 9.6 oz.

**2**69



Non-Alcoholic Beverage

Bundaberg Craft Brewed Ginger Beer 4 btls. - 12.7 oz.

6<sup>99</sup>



Propel Water

Water Beverage Flavored 24 oz.

**129** 



Thirst Quencher Gatorade Sports Drink 28 oz.

4:\$5



Good to the last drop!

#### **Maxwell House Ground Coffee**

24.5 to 30.6 oz.

Without coupon 9.19, limit 3 per coupon







The Original

## Nestlé Coffee mate Creamer

Non-Dairy 35.3 oz.

Without coupon 7.19, limit 3 per coupon







Pepsi, Mtn Dew, Starry, Crush Orange Soda or Lipton Brisk Iced Tea

24 cans - 12 oz.

Without coupon 10.49, limit 2 per coupon





1333-50



Thirst Quencher

## **Gatorade Sports Drinks**

8 bottles - 20 oz.



Dietary Supplement Celsius Live Fit Sparkling Drink 12 oz.

**2**;\$450





Aquafina Purified Drinking Water 24 bottles - 16.9 oz.

849

Natural Flavored
Hawaiian Sun
Powder
Drink Mix
3.23 to 4.52 oz.



Natural Flavored
Hawaiian Sun
Pancake
Mix
6 oz.





With Nata de Coco

Mogu Mogu Flavored Drinks

3:\$4



100% All Natural Alō Aloe Vera Pulp & Juice 16.9 oz.

2:54



**Cranberry or Cran-Grape** 

Ocean Spray Juice Drinks





No Sugar Added
Ocean Spray
100% Cranberry
Juice
3 liters



**Boost of energy!** 

## Rockstar Energy Drinks

**3**:\$5

Without coupon 3 for 5.50, limit 4 sets per coupon Coupon price good on set purchase only.







Fruit or Tea

#### Hawaiian Sun Natural Drinks

6 cans - 11.5 oz.

2 f f 6 ea. set

Without coupon 2 for 6.50, limit 6 sets (3 cases) per coupon

Coupon price good on set purchase only.

GPEN GPEN



1317-50 **June** 6

1317-30

Refreshing!

#### Arizona Drinks

23 oz.

4 f \$ 5 ea. set

Without coupon 4 for 6.00, limit 3 sets per coupon Coupon price good on set purchase only.





1310-100



Ine 6, 2023

Cranberry or Blends

### Ocean Spray Juice Drink 64 oz.

Excludes 100% Juice



**Kellogg's Cereal** 

Cocoa Krispies, Frosted Flakes or Froot Loops

10 to 15.5 oz.



**Kellogg's Cereal Variety Pack** 10.94 oz., 10 count

Regular or Fit

Bear **Naked** Granola 12 oz.

|49



**Assorted** General Mills Chex Cereal 12 to 14 oz.

**C49** 



#### **Hostess Snack Cakes**

CupCakes, Twinkies, Ding Dongs, Baby **Bundts. Snoballs** or Ho Hos 2 to 3 ct.





Brownie, Danish, Coffee Cake or Muffin

**Brownie Baker Pastries** 4 to 6 count



**Bean or Coconut Filled** 

Punalu'u **Bake Shop** Anpan

8 07.



**Sweetbread Rolls** Punalu'u Bake Shop 16 07.



Cereal savings!

## Kellogg's Special K or Raisin Bran

11.6 to 16.6 oz.

Without coupon 4.99, limit 5 per coupon







#### **Post Cereal**

Shredded Wheat 'N Bran, Raisin Bran, Honey Bunches of Oats, **Grape Nuts, Cocoa or Fruity** Pebbles 11 to 20.5 oz.

Without coupon 6.29, limit 5 per coupon







Pre-Sliced

## **Ball Park Burger** or Hot Dog Buns

8 count

Without coupon 4.49, limit 5 per coupon





1311-50



**Traditional, Guava or Taro** Punalu'u Bake Shop **Sweetbread** 

24 oz. loaf





Wild Harvest Green Split Peas Organic 16 oz.

**2**69

Jumbo Red Seedless
Wild Harvest
Organic
Raisins

**5**69



**Concord Grape** 

Essential Everyday Jelly 18 oz.

**2**59



Apricot
Essential
Everyday
Preserves

**3**99

18 oz.



All Natural Libby's 100% Pure Pumpkin 29 oz.

**3**79



**Sweetened** 

Nestlé Carnation Condensed Milk

**2**59

14 07.



Classic Mix Jell-O No Bake Cheesecake 11.1 oz.

**7**39



Unflavored Knox Original Gelatine 8 oz., 32 ct.



Wildflower

# Wild Harvest Organic Honey

**1**39

Without coupon 4.59, limit 3 per coupon









## Essential Everyday Jumbo Cups

2.75 oz.

**2**29

Without coupon 2.49, limit 3 per coupon





24 to June 6,



Vitamin D added!

#### Nestlé Carnation Evaporated Milk 12 oz.

**169** 

Without coupon 1.89, limit 5 per coupon





1307-20



ine 6, 202

Regular or Sugar Free

Jell-O Gelatin Dessert Mix

.3 to 3 oz.

99¢





Buttermilk
Betty Crocker
Complete
Pancake Mix
37 oz.

**3**49



Wild Blueberry
Betty Crocker
Muffin & Quick
Bread Mix
16.9 07.



#### "Spam Siu" Bao

1 can spam, diced or crumbled into ¼" cubes pg.5

1 tbsp. shoyu pg.36,41

2 tbsp. sugar

1 tsp. red food color

1/2 tsp. Chinese 5 spice

½ cup green onions, chopped

1 cup warm water pg.8

3 tbsp. sugar

2 tsp. dry yeast

3 tbsp. salad oil

1/2 tsp. salt pg.8

31/4 cups all-purpose flour pg.27

2 tsp. baking powder

Heat a medium sized sauté pan on high and add in the spam, lightly sauté for 2 minutes, stirring to prevent burning. Add in the shoyu, sugar, red food color and Chinese 5 spice and stir well for another minute then turn off the heat. Add in the green onions and stir well, then divide the mixture into 6 in the pan and set aside to cool.

Place the water, sugar, yeast, oil and salt in a bowl and mix well using a spatula or spoon. Add in the flour and baking powder; mix well until a smooth dough is formed. Divide the dough in 6 even sized balls and roll them into circles about a ¼" thick.

Place one portion of the spam filling in the center of each dough circle, fold the edges of the circle upwards and pinch together, encasing the spam mixture in the dough and place the bao pinched side down on an oiled steamer or small square of parchment paper in a steamer. Steam for 15 minutes and enjoy hot!

Servings:

6 large bao

**Total Time:** 

35 minutes

Pair With:

Stella Artois Beer

Premium Quality

Gold Medal

All-Purpose Flour

5 lbs.

**3**29

Without coupon 3.79, limit 5 per coupon





1306-50



4 to June 6, 202

Neapolitan-Style King Arthur '00' Pizza Flour <sup>3</sup> lbs.

649



Grain-Free
King Arthur
Almond
Flour

**7**99

16 07.



Enjoy with ice cream!

Hershey's Syrup, Shell or Topping 7 to 15 oz.





Hershey's Sale!

Baking Cocoa 8 oz., Reese's Creamy Peanut Butter 18 oz., Sugar Free or Simply 5 Chocolate Syrup 17.5 to 21.8 oz.

**3**99



Assorted

Wrigley's Gum Sale!

**129** 



Stand Up Pouch or Fun Size

Mars or Dove Assorted Candies

499



BBQ, Hot Chili, Seaweed or Soy Sauce

Good Good Eat Wheat Crackers

**179** 



**Cheese, Corn or Curry Flavor** 

Shirakiku Curvee Puffs 2.46 oz.



Whole Wheat or Unbleached Bread

## **King Arthur Baking Company Flour**

Without coupon 5.79, limit 5 per coupon







Hershey's Syrup 22 to 24 oz. or Baking Chips 8 to 12 oz.

Without coupon 2.99, limit 5 per coupon





1314-20



Assorted

## **Mars or Wrigley Candy Singles**

1.08 to 2.17 oz.

Without coupon 5 for 6.00, limit 3 sets per coupon Coupon price good on set purchase only.





1345-100





#### **Russell Stover Candies**

Sugar Free 3 to 3.6 oz. or Loacker

**Crispy Wafers** 5.23 to 6.17 oz.



**Original or Dark Menz Bumbles** Honeycomb Candy

99

11 07.



#### Nabisco Sale!

Ritz Toasted Chips, Cheese Crispers, Crisp & Thins 7 to 8.1 oz., Premium Crackers 9 to 16 oz. or



#### Nabisco Snacks

**Honey Maid Graham** Crackers 12.2 to 14.4 oz.. **Nutter Butter Wafers** 10.5 oz. or Nilla Wafers 11 oz.



**Diamond Bakery** Royal Creem, Saloon Pilot, Soda, Graham Crackers 7 to 9.5 oz. or Hawaiian Shortbread 4.4 oz.

Royal Creem, Soda, Graham, Saloon Pilot

Diamond **Bakery** Crackers 30 07-



Parmesan, Cheddar or Asiago Pepper Jack

Whisps Cheese **Crisps** 2.12 07.



**Late July Tortilla** Chips 10.1 07.

**Organic** 



Assorted

## Airheads or **Wrigley Candies**

2.75 to 7.2 oz. bag





Without coupon 2.39, limit 8 per coupon

Snack Savings! Tate's Cookies 6 to 7 oz., Family Size Snack Crackers 11.5 to 14 oz., Nutter Butter Cookies 15.27 to 16 oz., Oreo Cookies 17 to 20 oz., Thins, Gluten Free or Limited Edition 12.08 to 14.03 oz.

ea. set

Without coupon 2 for 10.00, limit 5 sets per coupon Coupon price good on set purchase only.



1347-100



Baked fresh in Hawaii!

## **Diamond Bakery** Soda Crackers

13 oz.



1348-30



Without coupon 3.99, limit 5 per coupon

**Baked Corn Snacks** Barbara's **Cheese Puffs** 5.5 to 7 oz.





Gluten Free or Peanut Butter Filled

Good Health Pretzels 5 to 8 oz.

35% OFF REGULAR PRICES



Flavored Popcorn

**3**99



Baked
Stacy's
Pita Chips
or Thins
6.75 to 7.33 oz.

**3**99



Made with organic figs!

Newman's Own Fig Newmans 10 oz.





**Made with Organic Corn** Garden of Eatin' **Tortilla Chips** 5.5 oz.

Without coupon 2 for 6.00, limit 5 sets per coupon Coupon price good on set purchase only.





1350-100



Great taste...naturally!

**Kettle Brand Potato Chips** 4.25 to 5 oz.

Without coupon 3.59. limit 5 per coupon





1351-30



PopCorners
Popped
Corn Snacks

7 oz.

**3**79



Enjoy with chips!
Tostitos
Salsa
Sale!

499

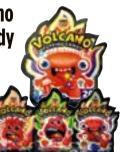
24 oz.



Family Volcano Popping Candy 20 count or Lolly & Pop

**4**:\$5

3 count



Original, Chocolate or Coffee

Tao Kae Noi Coconut Rolls 3.53 oz.

2:\$5



In Chili Sauce Hormel Beef Tamales

**7**29

15 07.



Planters
Cashews
Savings!
8 oz.

699



Smok A Roni or Cocktail Pep

**Oberto Smoked** 

Sausage Sticks

**2**59



Oberto Jerky
Thin Style 7 oz.
or Smoked
Sausages

10<sup>99</sup>



12 07.

#### **Party Size! Snacks**

Cheetos, Doritos, Maui Style, Tostitos, Lay's, Ruffles Chips or Smartfood Popcorn 9.75 to 17 oz.

Without coupon 5.75, limit 5 per coupon



While supplies last, Sorry no rainchecks.





Natural or Flavored

## Cha Cha Roasted **Sunflower Seeds**

5.64 to 8.82 oz.

Without coupon 3.79, limit 5 per coupon







**Cocktail or Dry Roasted** 

**Planters Peanuts** 16 oz.

Without coupon 4.19, limit 5 per coupon







1340-30





Made with organic noodles!

Koyo
Vegan
Ramen
2 to 2.1 oz.

I \$ 4

Soba or Udon Koyo Organic Noodles 8 oz.

**2**99



Nature's Charm Coconut Milk Condensed 11.25 oz..

Evaporated 12.2 oz.

or Cream 13.5 oz.

**2**29 ea.



**Canton Noodle or Bihon Rice Sticks** 

UFC Pancit Noodles

239



Ready in minutes!

Lee Kum Kee Panda Brand Sauce 8 oz. pouch

**2**69



Regular, Premium or Less Sodium

Lee Kum Kee Soy Sauce Savings!

499



Flavored Shirakiku Oyster Sauce 18.69 oz.

**199** 





Yamachan Nagasaki Sara Udon

Chicken Flavor 7.97 oz.

Instant Beverage

# **Prince of Peace Ginger Honey Crystals**

10 count

Without coupon 2 for 8.00, limit 2 sets per coupon Coupon price good on set purchase only.







# Family Coconut Milk, Chef's Choice Coconut Milk or Cream

13.5 oz.

Without coupon 1.99, limit 5 per coupon





Panda Brand Flavored

# Lee Kum Kee **Oyster Sauce**

18 oz.

Without coupon 3.49, limit 5 per coupon





1360-30



100% Pure Shirakiku Sesame Oil 6.25 oz.







**5**69



Roasted Seaweed Shirakiku Yaki Sushi Nori Kiwami 10 sheets



### Spam Katsu Musubi Sandwich

1 can spam, sliced lengthwise into 6 equal slices pg.5

½ cup flour pg.27

2 eggs, beaten

1 cup panko

1 cup salad oil

¼ cup ketchup pg.15

1/4 cup Worcestershire sauce

6 sheets nori pg.38

3 cups cooked rice

3 pieces lettuce, torn in half

6 slices tomato

6 slices American cheese

Coat each slice of spam with flour, dip in the beaten egg and then into the panko for a standard breading procedure.

Place the oil in a medium sized sauté pan, turn the heat to medium, allow the oil to heat to 300° F (about 4 minutes) then shallow pan fry the spam until golden brown and place them on paper towels or a wire rack to remove excess oil.

Combine the ketchup and Worcestershire sauce to make a quick katsu sauce.

Place the nori sheets rough side facing up, make a cut from the middle of the top side of the nori sheet to the center of the nori sheet. Visually divide the nori sheet into 4 quarters, place the spam katsu in the top left quarter, the rice in the bottom left corner topped with the katsu sauce, the lettuce and tomato in the bottom right corner and the American cheese in the top right corner. Fold the top left corner down to place it on the bottom left, then fold the bottom left to the bottom right, then the bottom right gets folded upwards on to the top right and serve as is!

Servings:

6 sandwiches

**Total Time:** 

25 minutes

Pair With:

Jinro Soju pg.63

Seasoned
Shirakiku
Korean Nori
.58 oz., 3 count

3:\$4

ea. set
4.50, limit 4 sets per coupon



1361-50

ES

4 to June 6, 202

Without coupon 3 for 4.50, limit 4 sets per coupon Coupon price good on set purchase only.

Mild, Medium Hot or Hot

**S&B** Golden **Curry Sauce** Mix 3.2 07.



**Aluminum Sealed** 

**Yamamoto** Yama Tea Savings! 16 bags



Gluten Free San-J **Tamari Soy Sauce** 10 oz.



San-J Cooking Sauce Sale!

Mongolian, Hoisin, Teriyaki, Orange, Thai Peanut or Szechuan 10 oz.



Bulgogi or Kalbi Sempio Sauce **Marinade** 34 oz. pouch



serving suggestion

**1916 EZ Peel** Frozen Shrimp 2 lbs. - 16 to 20 count

Frozen Precooked **S&S Saimin Noodles** with Soup 5 oz. cup



Frozen Japanese Style Stir Fry

**Sun Noodles** Yakisoba

**Noodles** 12.6 07.



Soy or Teriyaki Marinade

### Kikkoman Sauce

1.25 quarts

**899** ea.

Without coupon 9.49, limit 5 per coupon







**Authentic Indian Flavors** 

# Patak's Original Simmer Sauce

15 oz.

**4**59

Without coupon 4.89, limit 5 per coupon





y 24 to June ≡



Frozen 73% Lean

# Harris Ranch Ground Beef Patties

3 lbs., 12 count

**15**99

Without coupon 16.99, limit 2 per coupon





1522-100



ine 6, 202

Frozen Selected Sun Noodle Ramen 12.5 to 15.6 oz.

2:\$7



**Chocolate Covered** 

Trü Frü Frozen Fruit 5 oz.

**4**99



Ready to Eat Moji Sushi Sale! 6 oz.

659



Salted or Unsalted

Challenge European Style Butter 8 oz.

**3**79



MIXED REGELLIES

WHOLE KERNEL CORN

Fine

Flav • R • Pac Frozen
Broccoli, Green Peas, Corn
or Mixed Vegetables 28 oz.

**4**29

Lunch Combinations
Oscar

Mayer Lunchables 3.1 to 4.3 oz.

4:\$5



**Fully Cooked** 

Oscar Mayer Smokies or Wieners

**3**89



Party or Drumettes
1916 Frozen
Chicken
Wings
2.5 lbs.

**7**99



Young Boneless 1916 Frozen Chicken Tenderloins 2.5 lbs.



**Frozen Hand Breaded Fantail** 

Mrs. Friday's Gold Pack Shrimp 2.5 lbs. - 21 to 25 ct.

**25**<sup>59</sup>

Without coupon 25.99, limit 3 per coupon







Frozen

### PanaPesca Hardshell Clams 16 oz.

6<sup>59</sup>

Without coupon 6.99, limit 3 per coupon





24 to June 6,



### **Oscar Mayer Bacon**

Original, Lower Sodium, Thick Cut 16 oz., Natural or Center Cut 12 oz.

 $6^{29}_{\text{\tiny ea.}}$ 

Without coupon 6.59, limit 3 per coupon





1529-30



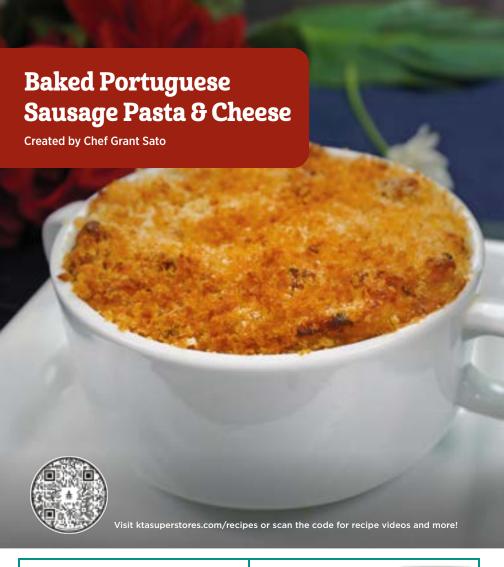
une 6, 202

Frozen Boneless & Skinless 1916 Chicken Thighs

859

2.5 lbs.





**Portuguese Brand Cocktail or Longanisa** 

Frank's Foods Sausage

**5**89



### Frank's Foods

Smoked Sausage, Sliced Mild Portuguese Brand Sausage 12 oz., Reg. or Skinless Portuguese Brand Hot Dogs 16 oz.



### Baked Portuguese Sausage Pasta & Cheese

3 tbsp. salad oil

1 cup Portuguese sausage, small diced pg.44,45

2 tbsp. garlic, chopped

1 cup onion, small diced

½ cup flour pg.27

2 cups milk

4 slices American cheese

3 cups cooked pasta of your choice pg.10,11

1 cup panko

½ cup melted butter pg.42,46

Heat a medium sized pot on medium and add in the oil. When the oil lightly smokes, add in the Portuguese sausage, garlic and onion, then sauté for 2 minutes. Add in the flour and mix well until all of the oil is absorbed by the flour forming a roux. Quickly add in the milk and stir well until the mixture becomes thick, then turn off the heat. Add in the cheese and pasta and mix well.

Place the mixture into a baking pan, top with bread crumbs and drizzle the melted butter evenly over the top of the bread crumbs. Place in an oven or toaster oven set to broil for 3 to 4 minutes or until the bread crumbs are golden brown and serve hot.

#### Servings:

4 portions

#### **Total Time:**

45 minutes

#### Pair With:

Deschutes Black Porter pg.61

# Frank's Foods Franks 16 oz., Portuguese Brand or Blood Sausage

12 oz.

**5**19

Without coupon 5.59, limit 3 per coupon





1528-40



24 to June 6, 2



**Buttermilk or Mini Krusteaz Pancakes** Frozen 15 to 19 oz.

Frozen Miko Scottish **Bangers** 12 oz.

**匚79** 



Whipped Vegetable Oil Spread

Fleischmann's Move Over **Butter** 

10.05 oz.



Frozen **Banquet** Mega Meal 12 to 16.95 oz.



**Carving Board** 

**Oscar Mayer** Meats 7.5 07.



**Cheddar, Swiss or Provolone** 

**Kraft Natural** 

Cheese Slices 7 to 8 oz.



Salted or Unsalted

Meadow Gold **Butter** 1lb.



**Meadow Gold Ice Cream** Cups

**Assorted Flavors** 

12 count



Frozen

Krusteaz Belgian Waffles

**3**99

Without coupon 4.39, limit 3 per coupon







**Family Size** 

Banquet Frozen Meals 24 to 27 oz.

**5**49

Without coupon 5.89, limit 3 per coupon





1527-40

Chunk, Shredded or Crumbles **Kraft Natural** 

Cheese

5 to 8 oz.

**3**99

Without coupon 4.29, limit 3 per coupon





1530-30



une 6, 202

A variety of flavors!

Meadow Gold Ice Cream or Sherbet

1 gallon





Bakery Savory
Bistro Danishes
3.5 to 3.6 oz.

**2**!\$6



Mountain Apple Brand **Chiffon Cake**Bakery buy! 10.3 oz.

999

Fruit Punch or Grape
Meadow Gold
Flavored
Drinks
128 oz.

**2**99



**Passion Orange Guava** 

Meadow Gold POG Juice Drink 6 btls. - 12 oz.

1499



Refreshing!

Mountain Apple Brand Snow Creams 4 oz.

3!\$6



Frozen
Bertolli
Skillet
Meal

999



**Anti-Perspirant** 

Degree Deodorant Sale!

1.6 to 2.7 oz.

30% OFF REGULAR PRICES



Shea Velvet, Delicious Glow or Luscious Hydration

Love Beauty and Planet Body Lotion



Bakery Selected

Jon Donaire

Cake Savings!
28 to 33 oz.

**1749** ea.

Without coupon 18.99, limit 2 per coupon







From Concentrate

Meadow Gold 100% Pure Orange Juice

**3**99

Without coupon 4.29, limit 3 per coupon





1532-30 June 6, 202

**Breyers Ice Cream** 

1.5 quarts or

Talenti Gelato Layers
10.6 to 11.6 oz.

 $6^{69}$ 

Without coupon 6.99, limit 3 per coupon





1531-30



une 6, 2023

# Love, Beauty and Planet Personal Care

Shampoo, Conditioner 13.5 oz. or Body Wash 16 oz.



**Nutrex Supplements** 

BioAstin Supreme Hawaiian Astaxanthin 60 ct., Pure Hawaiian Spirulina 5 oz. Powder or Spearmint Flavor 1000 mg - 180 ct.

**14**99



# Nutrex BioAstin Supplements

Hawaiian Astaxanthin 12mg - 50 ct., EyeAstin 60 ct., JointAstin 120 ct. or TurmericAstin 30 ct.

**18**99



### Satohap Pain Relief

External Spray 2.37 oz., Plasters or Lidocaine 4% Pads 5 count





Unique Comb Design Kai Touch'N Brow Razors 3 count

**199** 





Ricola Cough
Drops Stick 9 count

99¢

Family Size
Ricola
Cough
Drops
34 to 45 ct.

49



Kid's Character

Arm & Hammer Spinbrush Toothbrush

1 count

**5**99



Fights bad breath for 24 hours!

TheraBreath Fresh Breath Oral Rinse



# **Nutrex Supplements**

BioAstin Hawaiian Astaxanthin 12mg - 25 ct., 4mg - 60 ct. or **Pure Hawaiian Spirulina** 500mg - 200 ct.

Without coupon 11.99, limit 5 per coupon





1388-100



Original, Sugar Free, Vitamin C or Honey

Lipovitan **Energy Drinks** 6 bottles

Without coupon 7.99, limit 5 per coupon







All Natural

# Ricola **Cough Drops**

19 to 24 count

Without coupon 2.29, limit 5 per coupon





1387-30



# **Zicam Cold Remedy**

**Medicated Fruit Drops**, Rapid Melts 25 count, Nasal Swabs 20 count or Nasal Spray .5 oz.



12 HR Protection Irish Spring Deodorant Bar Soap 3 count



24 Hour Fresh Irish Spring Body Wash 20 oz.



**3**<sup>19</sup>

Hawaiian Tropic After Sun Care

Silk Hydration Lotion 6 oz. or Lime Coolada Moisturizer 16 oz.

699



**Skin Nourishing Milk SPF 50** 

Hawaiian Tropic Mineral Lotion Sunscreen

3.4 oz.

**13**99



Poise
Daily Liners
44 to 48 ct.

or Pads

649



Huggies

Baby Wipes
Natural Care 56 ct. or
Simply Clean 64 ct.

2:\$5

**Multi-Surface or Signature Cloth** 

Viva Paper Towels 6 big rolls



Cottonelle Flushable Wipes

**Superior Clean** 

**2**97



Unless otherwise stated, we reserve the right to limit sale items to 5 units per customer. Prices are subject to a 4.7120% excise tax. Applicable beverage are subject to HI State Beverage fee & deposit. Not all products may be available at KTA Downtown, Waikoloa Village or KTA Express.

### **Colgate Toothpaste**

**Baking Soda & Peroxide** Whitening, Triple Action, Sparkling White, Cavity or Tartar Protection 6 oz.

Without coupon 2.29, limit 5 per coupon







Skin Nourishing Milk SPF 30 **Hawaiian Tropic Mineral Sunscreen** Lotion or Spray 1.7 to 3.4 oz.

Without coupon 12.99, limit 5 per coupon





1389-100

Size 1 to 6 **Huggies Snug** 

& Dry Diapers

19 to 38 count

Without coupon 9.99, limit 5 per coupon









Basic **Essential Everyday Foam Cups** 20 count - 16 oz.





**Assorted Essential Everyday Dog Food** 13.2 oz.



Smart Snap or Twist n' Loc

**Ziploc Plastic Containers** 2 to 8 count





**Ziploc Sandwich** or Snack Bags

90 count



### **Glad Cling'N Seal Clear Food Wrap** 100 square feet

88



Glad Press'N Seal **Sealing Wrap** Multi-Purpose 70 sq. ft.

**Dailyware Essential Everyday Paper Plates** 24 to 45 count



**Dailyware Essential Everyday Paper Cups** 54 count



Soft & Strong

# **Essential Everyday Premium Tissues**

160 count

Without coupon 1.99, limit 4 per coupon









# **Ziploc Freezer or Storage Slider Bags**

Quart or Gallon - 10 to 20 ct.

Without coupon 3.59, limit 5 per coupon





1386-60



ForceFlexPlus Drawstring or Strong Quick-Tie

# **Glad Tall Kitchen** or Large Trash Bags

25 to 80 count

Without coupon 9.99, limit 5 per coupon







1385-100





Manual Pot & Pan Dawn Professional Dish Liquid 128 oz.

**16**<sup>99</sup>



3in1 or 4in1
Tide PODS
Laundry
Detergent
15 to 16 count

6<sup>99</sup>



Fast Acting
OxiClean
Laundry Stain
Remover
21.5 oz.

**7**99



OxiClean
Washing
Machine
Cleaner
4 count

6<sup>99</sup>



Kills cold & flu viruses!

Lysol Disinfecting Wet Wipes 35 count

**4**79



With Bleach Lysol Mold & Mildew Remover

**5**99



**Ergo** 

Reynera Toilet Bowl Brush

1 count

**7**19



Reynera Angle Broom

6<sup>99</sup>



Clean & Fresh or Free & Sensitive

# Tide Simply **Laundry Detergent**

92 oz. liquid

Without coupon 7.99, limit 5 per coupon









# **OxiClean Savings!**

Versatile Regular or Free Stain Remover, Odor Blasters, White Revive or Laundry & Home Sanitizer 2.5 to 3 lbs.

Without coupon 7.99, limit 5 per coupon





1380-50

Kills 99.9% of viruses & bacteria!

# **Lysol Disinfectant** Spray

12.5 oz.

Without coupon 7.99, limit 6 per coupon









**Latex or Vinyl** 

# **Essential Everyday Disposable Gloves**

10 count





Cone #4 **Essential Everyday Coffee Filters** 40 count



**Essential Everyday Natural Brown** 

**Filters** 100 count



Ultimate Alkaline AA or AAA

**Essential Everyday Batteries** 4 count



**Long Lasting Essential Everyday Batteries** C, D 4 ct. or 9V 2 ct



Disposable **Essential Everyday** Lighter 1 count



**Essential Everyday Instant Light Charcoal Ridge Briquets** 6.2 lbs.



Cryopak Reusable Ice-Pak

1 count

Small



Keeps items hot or cold!

**Premium Thermal** Large Bag 1 count



White Basket

# **Essential Everyday** Coffee Filters

100 count

Without coupon 2.59, limit 6 per coupon







AA or AAA **Essential Everyday Alkaline Batteries** 

12 count

Without coupon 7.99, limit 6 per coupon





1402-50



**Briquets** 

# **Essential Everyday Ridge Charcoal**

15.4 lbs.

Without coupon 13.99, limit 6 per coupon





1401-100



Seal, Flamingo, Dragon or Galaxy

Best Way H20 Go! Ride-On Inflatable

1 count



**Authentic Mexican** 

Estrella **Jalisco** Beer 12 cans



Crisp & refreshing!

**Pacifico** Clara Beer 12 btls./cans



Zero Alcohol Heineken 0.0 Beverage 12 cans



**Organic Light Lager** Michelob **Ultra Pure Gold Beer** 12 cans



With Antioxidant Vitamin C

Vizzy Hard **Seltzer** 12 cans

**Spiked Sparkling Water** Michelob **Ultra Organic** 

**Seltzer** 12 cans



Classics, Pilsner or Seasonal

**Deschutes Brewery** Beer 6 btls./cans





**Brewed in Seattle!** 

Elysian **IPA** Beer 6 cans



Mix cocktails!

New Amsterdam

No. 485 Gin

or Vodka

750 ml.

**1299** 



Rich & Smooth
Proper
Twelve Irish
Whiskey
750 ml.

**19**99



Original or Flavored Jim Beam Bourbon Whiskey

1499

750 ml.



Silver or Gold

Jose Cuervo

Especial

Tequila
750 ml.

1499



100% de Agave Patrón Silver Tequila 375 ml.

20<sup>97</sup>



Imported
Kahlúa Rum
& Coffee
Liqueur
750 ml.

**22**99



Variety Pack
High Noon
Sun Sips
Hard Seltzer
8 cans

**19**97



Apple, Peach, Cola or Lemonade

Crown Royal Cocktails 4 cans



Selected
KendallJackson
Wines
750 ml.

1199 ea.



Made with organic grapes!

Bonterra
California
Wines
750 ml.



Fresh & vivacious!
Guenoc
California
Wines
750 ml.

**6**<sup>99</sup>



Sparkling La Marca Prosecco Wine 750 ml.

1499



CK Mondavi and Family Wines

**5**<sup>59</sup>

750 ml.



Assorted
Barefoot
California
Wines
1.5 liters

999



Grapefruit, Strawberry, Plum or Green Grape

Jinro Flavored Soju 375 ml.

**2¦\$11** 



24 or Chamisul Fresh Jinro Imported Soju 750 ml.

**10**<sup>99</sup>



### **Grocery**

Arizona DrinksBall Park Burger or Hot Dog Buns	21
Ball Park Burger or Hot Dog Buns	23
Barilla Pasta	11
Barilla Pasta Sauce	11
Best Foods Mayonnaise	15
Bush's Best Beans	7
Cha Cha Roasted Sunflower Seeds	
Diamond Bakery Soda Crackers	
Essential Everyday Jumbo Cups	25
Family Coconut Milk, Chef's Choice Coconut Milk or Cream	37
Garden of Eatin' Tortilla Chips	
Gold Medal Flour	27
Green Giant Vegetables	9
Hawaiian Sun Natural Drinks	
Heinz Distilled White Vinegar	
Hershey's Baking Chips or Syrup	
Hidden Valley Ranch Dressing	
Hormel Spam	
Kellogg's Special K or Raisin Bran	
Kettle Brand Potato Chips	33
Kikkoman Soy or Teriyaki Sauce	
King Arthur Baking Company Flour	
Lee Kum Kee Oyster Sauce	
Libby's Corned Beef	
Los Pericos Tostadas	
Mars or Wrigley Candy Singles	
Maxwell House Ground Coffee	
McCormick Chili Seasoning Mix	
Mezzetta Peppers or Peperoncini	
Nabisco Snacks or Tate's Cookies	
Nestlé Carnation Evaporated Milk	
Nestlé Coffee mate Creamer	
Party Size! Snacks	. 35
Patak Original Simmer Sauce	
Pepsi Soda	
Planters Peanuts	
Post Cereal	. 25
Prince of Peace Ginger Honey Crystals	
Rockstar Energy Drinks	21
Rosarita Refried Beans	15
Shirakiku Korean Nori	
Star Olive Oil	1/
Swanson Chicken Broth	
laco Bell Inick & Chunky SalsaVan Camp's Pork and Beans	
Van Camp's Pork and BeansWild Harvest Organic Honey	
Wish-Bone DressingWish-Bone Dressing	
Wrigley or Airheads Candy	
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### **Perishables**

Banquet Frozen Meals	47
Breyers Ice Cream or Talenti Gelato Layers	
Frank's Foods Franks or Sausage	45
Harris Ranch Ground Beef Patties	4
Jon Donaire Cake	49
Kraft Natural Cheese	47
Krusteaz Belgian Waffles	47
Meadow Gold Orange Juice	49
Mrs. Friday's Gold Pack Shrimp	4
Oscar Mayer Bacon	43
PanaPesca Hardshell Clams	

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Hawaiian Tropic Mineral Sunscreen	
Huggies Snug & Dry Diapers	53
Lipovitan Energy Drinks	51
Nutrex BioAstin or Spirulina Supplements	
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Essential Everyday Charcoal	59
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Essential Everyday Tissues	55
Glad Trash Bags	55
Lysol Disinfectant Spray	57
OxiClean Stain Remover or Sanitizer	57
Tide Simply Laundry Detergent	57
7inloc Fronzor or Storago Rago	22

#### DOWNTOWN, HILO

Mon-Sat 7am to 8pm, Sun 7am to 7pm 321 Keawe St......935-3751

#### **PUAINAKO, HILO**

Sun-Thur 5:30am to 9pm
Fri, Sat 5:30am to 10pm
50 East Puainako St......959-9111
Pharmacy......959-8700

#### WAIMEA

6am to 8pm
Waimea Center.......885-8866
Pharmacy......885-0033

#### KTA EXPRESS. KEALAKEKUA

Mon-Sat 6am to 8pm, Sun 9am to 6pm 81-6602 Mamalahoa Hwy......323-1916

#### **WAIKOLOA VILLAGE**

6am to 8pm Waikoloa Highlands Center ... 883-1088 Pharmacy ......883-8434

#### KAILUA-KONA

6am to 9pm Kona Coast Shopping Center.... 329-1677

#### **KEAUHOU, KONA**

7am to 8pm Keauhou Shopping Center..... 322-2311 Pharmacy....... 322-2511

#### **KTA DELIVERY**

9am to 8pm - in the Hilo area Order at delivery.ktasuperstores.com

# GIFT CARD PHOTO CONTEST

GIVE US YOUR BEST SHOT

of Hawai'i Island for a chance to

#### WIN A \$300 KTA GIFT CARD

and have your photo on a 2023 Limited Edition KTA Gift Card!

SUBMISSIONS:

May 25 to June 24

VOTE FOR THE TEN SEMI-FINALISTS:

June 25 to 30, 2023

Semi-finalists selected by the public will win a \$100 KTA GIft Card