

# You're Someone Special

# Over \$150 in Savings!

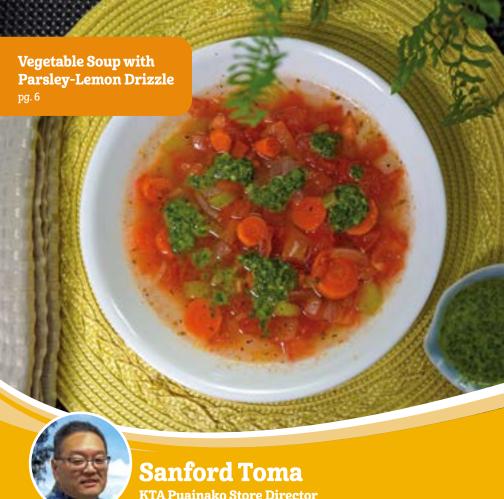
Offers Good Jan. 25 to Feb. 7, 2023

# Vegetable Soup with Parsley-Lemon Drizzle

pg.6



Crispy Baked Potato Skins with Cheez Sauce pg. 14



Aloha KTA 'Ohana,

We're big fans of football here at KTA Super Stores and many of us are getting ready to celebrate Super Bowl LVII with family and friends. If you're hosting or attending a Super Bowl party on Sunday, Feb. 12, you'll need people-pleasing party food! Here are a few recipes that are sure to win over any fan, whichever team you're rooting for.

Opt for a healthier version of oily fries and use your air fryer to make sweet potato fries. Cut  $1\frac{1}{2}$  lbs of sweet potatoes—peeled or unpeeled—and pat them dry with a paper towel. Mix together  $\frac{1}{2}$  tsp. each of ground cumin, cayenne pepper and black pepper. Toss sweet potatoes in olive oil until well coated and toss in spice mixture. Cook half of the batch in a single layer in the air fryer at 380°F for seven minutes. Toss, and then return for another 7 minutes. Repeat for the other half of the batch. While it's cooking, you can make a delicious side of creamy honey mustard dip by mixing  $\frac{1}{2}$  cup mayonnaise, 2 tbsp. Dijon mustard and 2 tsp. of honey.

What are your favorite Super Bowl party foods? Let KTA Super Stores help you with your grocery needs and remember, you're someone special at KTA since 1916.



# Coupons

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Perishables	42
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#### **Featured Chef**



#### Alyssa Moreau

Alyssa Moreau is a personal chef for private households, focusing on healthy, vegetarian meals. Her recipes have been featured in Vegetarian Times, Eating Well, Better Homes and Gardens, the Honolulu Advertiser and local cookbooks, A DASH of Aloha and A Sweet DASH of Aloha.



Sign up to receive our Coupon Book with Quick & 'Ono recipes and \$150 in savings at ktasuperstores.com/stay-in-touch or scan the code!

The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.

No Preservatives
Dinty
Moore
Beef Stew

20 oz.



In Water Hormel Chicken Breast 10 oz.

**3**69



Whole Chicken of the Sea Baby Clams 10 oz.

2:\$4



Fancy Crabmeat or Whole Cove Oysters

Chicken of the Sea Pacific Pearl 6 to 8 oz.

**2**79



Black, Garbanzo, Pinto or Kidney

Bush's Best Organic Beans 15 oz.

**179** 



Black, Kidney, Pinto or Red **Bush's Best** 

Chili
Beans
15.5 to 16 oz.

188

93



Add to salads!

Green Giant Cut Spears Asparagus

**2**69



Easy side dish!

Green Giant Three Bean Salad

2:\$5



Corned or Roast Beef

# **Hormel Mary Kitchen Homestyle Hash**

14 oz.

Without coupon 2.79, limit 5 per coupon







In Oil, Water or 50% Less Sodium

### Chicken of the Sea **Chunk Light Tuna**

Without coupon 1.27, limit 10 per coupon







**Regular or Reduced Sodium** 

#### **Bush's Best Beans**

Black, Garbanzo, Cannellini, Kidney, Great Northern, Pinto or Blackeve Peas 15 to 16 oz.

Without coupon 1.17, limit 5 per coupon



Excludes Organic & Chili



1302-20



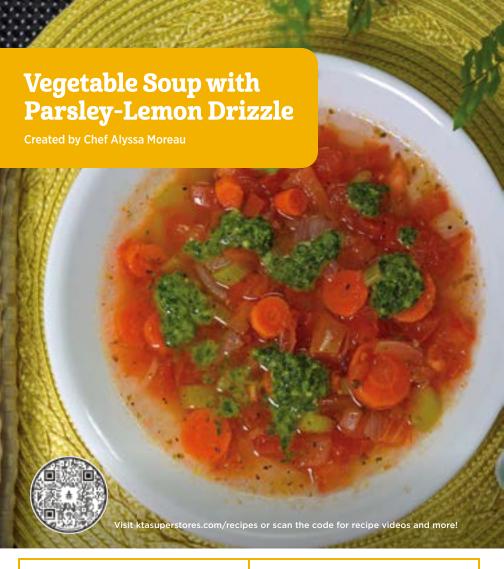
**Green Beans, Sweet Corn or Peas** 

#### **Green Giant Vegetables**

14.5 to 15.25 oz.

ea. set







97¢



Cooks in minutes!

Knorr Pasta Sides 4 to 4.4 oz.

**3**:\$5



#### Vegetable Soup with Parsley-Lemon Drizzle

1 to 2 tbsp. + 1/4 cup olive oil pg.15

1 cup onion, chopped

1 cup celery, sliced in 1/2" pieces

1 cup carrots, sliced in 1/4" coins

1 tsp. oregano

1 bay leaf

4 tomatoes, chopped

1 cup vegetable broth

6 garlic cloves, minced, divided

4 cups water pg.17

1 tsp. salt pg.10

1/4 tsp. black pepper pg.10

1 cup parsley, minced

½ lemon, juiced

Heat 1 to 2 tbsp. of olive oil in a large pot and add the onion, celery and carrots. Sauté for a few minutes, then add in the oregano and bay leaf. Blend one of the chopped tomatoes with the vegetable broth and add in with tomatoes, 4 cloves of minced garlic, water, salt and pepper. Bring to a boil, then reduce heat and cook for about 15 minutes or until the carrot is tender.

While the soup is cooking, make the parsley drizzle. Start by mincing the parsley and combine with ¼ cup olive oil, lemon juice, 2 cloves of minced garlic and salt, to taste, in a small processor and blend until smooth.

Serve soup hot, top with parsley-lemon drizzle and enjoy with your favorite bread rolls or crackers.

Servings:

4 portions

**Total Time:** 

30 minutes

Pair With:

Pure Leaf Tea pg.16

Soup or Soup & Dip Mix **Lipton Recipe** 

or Soup Secrets

2:53

ea. set

Without coupon 2 for 3.50, limit 5 sets per coupon Coupon price good on set purchase only.





13/18-50



**Excellent source of fiber!** 

Barilla Whole Grain Pasta <sup>16 oz.</sup>

**177** 



**Rustic Basil or Creamy Genovese** 

Barilla Pesto Sauce 6.2 to 6.5 oz.

**3**49



Enjoy on a rainy day!

Healthy Choice Soup

2:\$5



Butter or Kettle Corn
Orville
Redenbacher's
Popcorn

3 count

2:56





Taco Bell Crunchy
Taco Shells
6.75 oz., 18 count

**2**<sup>79</sup>

Mild or Medium Taco Bell Salsa Con Queso 15 oz.

**2**99



**Marshmallow Madness or Lovers** 

Swiss Miss Hot Cocoa Mix

**3**89



Mild

Rosarita Enchilada Sauce 20 oz.



#### **Barilla Pasta**

Linguine, Spaghetti, Cellentani, Farfalle, Fettuccine, Campanelle, Angel Hair, Penne Rigati, Large Shells, Elbows, Rotini 16 oz. or Tri-Color Rotini 12 oz.

**3**°\$5<sub>ea.set</sub>

Without coupon 3 for 6.00, limit 3 sets per coupon Coupon price good on set purchase only.







Proudly Grown Hunt's Pasta Sauce 24 oz.

**188** ea.

Without coupon 2.18, limit 8 per coupon





an. 25 to Fel

1347-30

**Crunchy, Soft or Crunchy & Soft** 

Taco Bell Taco Dinner Kit 8.85 to 14.6 oz.

**3**19 ea.



KTA SUPER STORES

1328-20



b. /, 2025

Without coupon 3.39, limit 3 per coupon

Traditional, Vegetarian or No Fat

Rosarita Refried Beans

30 oz.





It's amazing what a little Lawry's flavor can do.

All Natural Salt, Organic Pepper or Garlic

Drogheria & Alimentari Grinders
1.24 to 3.18 oz.

2:\$5



**Coarse Ground with Parsley** 

Lawry's Garlic Salt

**3**97



For seafood, poultry, salads & meats!

Old Bay Seasoning Savings!

**1**29



**Cooking Bag & Seasoning Mix** 

McCormick Bag'N Season .81 to 1.25 oz.

2:\$4





Au Jus, Chili, Spaghetti Sauce, Beef Stew or Fajita Mix

Lawry's Gravy or **Spices & Seasonings** 1 to 1.5 oz.

Without coupon 5 for 6.00, limit 2 sets per coupon Coupon price good on set purchase only.





1351-100

With Natural Spices

### McCormick Taco Seasoning Mix

1 oz.

Without coupon 5 for 5.00. limit 2 sets per coupon Coupon price good on set purchase only.





1352-100



Sliced
Early
California
Olives
3.8 oz.

**159** 



Manzanilla

Early California Pimiento Stuffed Olives 5.75 oz.

**2**<sup>39</sup>



Real or Light

Best

Foods

Mayonnaise
20 oz. squeeze

**4**49



Made with organic free-range eggs!

Best Foods Organic Mayonnaise

629



100% Natural Hunt's Tomato Paste 6 oz.

99¢



100% Natural Hunt's Tomato Sauce

**2**79



Mezzetta Chili Peppers 32 oz.

**1**49



Mezzetta Olives Castelvetrano,

Queen Pimiento Stuffed, Martini, Stuffed Garlic, Jalapeño, Napa Valley Bistro Kalamata or Italian Antipasto 8 to 16 oz.

**5**<sup>29</sup>



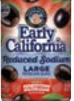
**Regular or Reduced Sodium** 

# Early California Large Pitted Ripe Olives

6 oz.

2°53 ea. se

Early California







Without coupon 2 for 3.50, limit 4 sets per coupon Coupon price good on set purchase only.

Real or Light

Best Foods

Mayonnaise

30 oz.

**5**29

Without coupon 5.59, limit 5 per coupon

Bust Foods

Bust Foods

Bust Foods



ın. 25 to Fe



No preservatives or artificial flavors!

# Hunt's Tomato Ketchup

32 oz.

**199** 

Without coupon 2.19, limit 5 per coupon





1325-20



Feb. 7, 2023









White or Red
Star
Wine
Vinegar
12 oz.
279
ea.

#### **Crispy Baked Potato Skins with Cheez Sauce**

4 to 6 small russet potatoes, washed and cut in half

2 tbsp. olive oil pg.15

11/4 tsp. salt, divided pg.10

½ tsp. chili powder

1 cup cashews

1 cup hot water pg.17

2 oz. jar pimentos

1 tbsp. lemon juice

1/2 tsp. onion powder

½ tsp. garlic powder

½ tsp. paprika

1/3 cup green onions or chives, chopped fine

Bake the potatoes, cut side face down on a parchment paper lined baking sheet, at 400°F for 20 to 30 minutes based on size, until cooked through. Cool slightly, then scoop out some of the inner potato to leave an indent.

In a small bowl combine the olive oil, ¼ tsp. salt and chili powder and mix well. Baste the cut side of the potatoes and reheat face-up, on the same pan at 350°F for about 10 to 15 minutes or until crispy.

While reheating, blend the cashews, hot water, pimentos, lemon juice, onion powder, garlic powder, paprika and 1 tsp. salt to make the cheez sauce in a blender until very smooth. It may take a few minutes. Pour over the potato skins; garnish with chopped green onions and serve right away. Chef Alyssa's "Cheez Sauce" is a vegetarian, non-dairy version using cashews.

Servings:

4 portions

**Total Time:** 

45 minutes

Pair With:

Stella Artois Beer

Original or Extra Virgin

Star

Olive Oil

8.45 oz.

**Z**<sup>69</sup>

Without coupon 2.99. limit 5 per coupon





1304-30



to Feb. 7, 2023

Original or Thick & Chunky
Hunt's Manwich
Sloppy Joe
Sauce
15 to 15.5 oz.

**17**9



No Preservatives
Chef Boyardee
Pasta

**Meals** 14.5 to 15 oz.

**197** 



Salad Dressing & Recipe Mix

Hidden Valley Ranch Seasoning 4 count - 1 oz.

**5**49



**Seasoning & Salad Dressing** 

Hidden Valley Original Ranch Mix 8 oz. canister

**7**99



Traditional Classico Pizza Sauce

**199** 



Original Gourmet
Mr. Yoshida's
Marinade &
Cooking Sauce
Sweet Teriyaki 17 oz.

**2**99



Pure Leaf Tea

Brewed

2:\$3



Dietary Supplement Celsius Live Fit Sparkling Drink

**7**:\$450



12 07.

Drizzle over salad!

#### Wish-Bone Dressing

15 oz.

Without coupon 2 for 6.00, limit 4 sets per coupon Coupon price good on set purchase only.







**Original or Buttermilk** 

# **Hidden Valley Ranch Dressing**

16 oz.

Without coupon 4.19, limit 5 per coupon







All Natural

#### **Heinz Distilled White Vinegar** 128 oz.

Without coupon 4.29, limit 5 per coupon





1327-30



Yuban Instant Coffee 8 oz.

**5**99



Original Roast

Maxwell House
Instant
Coffee
8 oz.

**5**<sup>39</sup>



**Chocolate Flavor** 

Nestlé Nesquik Drink Mix 20.1 oz.

**5**89



Nestlé French Vanilla or Hazelnut

Coffee mate Sugar Free Creamer Non-Dairy 10.2 oz.

**5**19 ea.



Magnificent Lipton Matcha Green Tea 15 bags

**3**29



Smooth Taste

Lipton Decaf Black Tea 50 bags

49



**Premium Coffee Drink** 

Starbucks Nitro Cold Brew

**2**69



Non-Alcoholic Beverage

Bundaberg Craft Brewed Ginger Beer 4 btls. - 12.7 oz.



Good to the last drop!

#### **Maxwell House Ground Coffee**

24.5 to 30.6 oz.

Without coupon 9.19, limit 3 per coupon









The Original

# Nestlé Coffee mate Creamer

Non-Dairy 35.3 oz.

Without coupon 6.59, limit 3 per coupon







100% Natural

#### Lipton **Green Tea** 20 bags

Lipton GREENTEA



1330-20

Without coupon 2.79, limit 3 per coupon

#### **Soda Savings!**

Pepsi, Mtn Dew, Crush **Orange, Sierra Mist Soda** or Lipton Brisk Iced Tea 24 cans - 12 oz.











CapriSun 100% Juice 10 pouches

429

Green Tea or Half & Half **Arizona Drink Mix** 20.4 oz.

**3**99



100% Juice or Grapefruit

Ocean Spray Juice Drink Savings! 60 to 64 oz.

**5**<sup>29</sup>



**Cranberry or Cran-Grape** 

Ocean Spray Juice Drinks 6 btls. - 10 oz.

**5**99



Tomato
Essential
Everyday
Sauce

8 07.

**3:\$2** 



Granulated
Essential
Everyday
Pure Sugar
4 lbs.



Fruit or Tea Hawaiian Sun Natural Drinks

6 cans - 11.5 oz.

**3**19

Without coupon 3.49, limit 12 (3 cases) per coupon







On-the-Go Tea or Fruit Flavored

# Crystal Light or Arizona Drink Mix

10 count

**2**29

Without coupon 2.49, limit 5 per coupon





1326-20

1326

**Cranberry or Blends** 

# Ocean Spray Juice Drink 64 oz.

Excludes 100% Juice

469

Without coupon 4.99, limit 5 per coupon





1309-30



eb. /, 2023

Apple or Blends
Mott's 100%
Juice Drinks
64 oz.





Propel
Water
Beverage
Flavored 24 oz.

4:\$5



Quaker
Whole
Grain Oats
Old Fashioned or
Quick 1-Minute 42 oz.



With a legacy over 50 years in the making, it's the most scientifically researched and game-tested way to replace electrolytes lost in sweat.

# YOUR TRAINING

WWW.GATORADE.COM







Thirst Quencher Gatorade **Sports Drink** 28 oz

Without coupon 1.17, limit 8 per coupon





1314-20



Snapple Tea, Juice Drinks 16 oz. or Sparkling Ice Sparkling Water Flavored 17 oz.

2:\$3



100%, 75% Less Sugar or Fruit & Veggie Blend

good2grow Kids Flavored Juice Drinks

2:\$7



**Kellogg's Cereal** 

Minecraft Creeper Crunch, Apple Jacks, Corn Pops,

Frosted Flakes or Froot Loops 8.7 to 13.5 oz.

**4**49



Assorted
Kellogg's
Jumbo Snax
Cereal Caddy
12 ct. - 5.4 oz.

497



**Crunchy, Chewy or Sweet & Salty Nut** 

Nature Valley Granola Bars

**4**59



Excludes Protein or Roasted

Assorted
General
Mills Chex
Cereal
12 to 14 oz.

**5**49





Thomas
English Muffins
Original or Light 6 count

**4**99

Assorted
Thomas
Pre-Sliced
Bagels
20 oz., 6 ct.



100% Pure, Kona Mocha or with Coconut Pulp

#### Wai Koko **Coconut Water**

Without coupon 2 for 4.50, limit 5 sets per coupon Coupon price good on set purchase only.







Cereal savings!

Kellogg's Special K, **Raisin Bran or Smorz** 8.4 to 16.6 oz.

Without coupon 4.79, limit 4 per coupon





1350-50



Assorted

#### **General Mills Cheerios Cereal** 10.8 to 18.2 oz.

Without coupon 6.39, limit 4 per coupon





1349-40



#### **Oroweat Bread**

100% Whole Wheat, Oatnut, Sweet Hawaiian, Buttermilk, **Multi or 12 Grain** 

24 oz. loaf

ea.



Organic & Gluten Free Oregon Chai Original Chai Tea Latte Concentrate 32 oz.

619



Creamy
Wild Harvest
Almond
Butter
12 oz.

**7**79



Classic Malt Ovaltine Drink Mix 12 oz.

**5**29



Orange Essential Everyday Marmalade 18 oz.

**3**29



Unflavored Knox Original Gelatine 8 oz., 32 ct.

**14**<sup>99</sup>



Classic Mix Jell-O No Bake Cheesecake 11.1 oz.

**2**79



**Buttermilk Complete** 

Mrs. Butter~ worth's Pancake Mix 32 oz.

**7**99



**Original or Sugar Free** 

Mrs. Butter~ worth's Syrup 24 oz.



Wildflower

#### **Wild Harvest Organic Honey** 12 oz.

Without coupon 4.59, limit 3 per coupon







For a sweet treat!

# **Essential Everyday Sugar Cones**

5 oz.

Without coupon 2.39, limit 3 per coupon





**Regular or Sugar Free** Jell-O Gelatin **Dessert Mix** .3 to 3 oz.

Without coupon 1.19, limit 12 per coupon





1301-20



**Juicy Gels or Pudding** 

#### **Hunt's Snack Pack**

13 oz., 4 cups







Mariani Probiotic Dried Fruit

**3**99



#### **Mariani Dried Fruits**

Cherries, Blueberries, Organic Malatya, Ultimate Apricots or No Sugar Mango 3.5 to 6 oz.

**4**<sup>59</sup>



#### **Love-ly Truffles**

1½ cup dates, pitted and cut into small pieces pg.28,29

1 cup almond flour pg.30

4 tbsp. cocoa powder. plus more for rolling in pg.32

1/4 tsp. salt pg.10 1/4 cup almond butter pg.26

If dates are on the dry side, soak in hot water for 10 minutes. Combine the dates, almond flour, cocoa powder and salt in a food processor and process until mixed well. Add in half the almond butter and process again. Then continue to add almond butter as needed to form into a cohesive ball. Transfer to a bowl.

Scoop out and roll into a round shape; dust or roll in extra cocoa powder (sifted first, if lumpy).

Store in an airtight container in the refrigerator for up to a week.

Servings:

12 to 15 balls

**Total Time:** 

20 minutes

**Pair With:** 

Peppermint Tea

#### **Mariani Dried Fruits**

Mediterranean Apricots, Mango. Vanilla Yogurt Raisins, Prunes, Tropical Pineapple, Cranberries. Pitted or Chopped Dates 4 to 8 oz.

Without coupon 2 for 7.50, limit 4 sets per coupon Coupon price good on set purchase only.





1338-50



**Rosemary Garlic Parmesan** 

**Red Lobster Biscuit** Mix 11.36 oz.



**Bread & Muffin Mix** 

Krusteaz Honey **Cornbread** 15 07.



Cake, Muffin or Pizza Crust

**King Arthur Keto Mix** 9 to 10.25 oz.



**Grain-Free King Arthur Almond** Flour 16 oz.



All Natural Libby's 100% Pure **Pumpkin** 29 oz.



**Sweetened** 

**Nestlé Carnation Condensed** Milk

14 07



Salsa Picante **Tapatío** Hot Sauce 5 07-



**Mildly Hot Badia** Guajillo **Chili Pods** 3 07



Quick & easy!

# Krusteaz Pancake or Waffle Mix

25.2 to 32 oz.

Without coupon 3.29, limit 5 per coupon







Whole Wheat or Unbleached Bread

# **King Arthur Baking Company Flour**

5 lbs.

Without coupon 5.59, limit 5 per coupon







Vitamin D added!

# **Nestlé Carnation Evaporated Milk**

12 oz.

Without coupon 1.99, limit 5 per coupon





1312-30



Sweetened

# Nestlé La Lechera **Condensed Milk**

14 oz.





Creamy
Duncan
Hines
Frosting
16 oz.

2 f \$ 4

**Chewy Fudge or Dark Chocolate** 

Duncan Hines Brownie Mix 18.2 to 18.3 oz.

**2**29



Enjoy with ice cream!

Hershey's Syrup, Shell or Topping 7 to 15 oz.





Hershey's Sale!
Baking Cocoa 8 oz.,
Reese's Creamy Peanut
Butter 18 oz., Sugar Free
or Simply 5 Chocolate
Syrup 18 to 21.8 oz.

**3**99



Hershey's Candy

Ice Breakers, BreathSavers
1.2 to 1.5 oz., Whoppers,
Good & Plenty, Twizzlers
or Jolly Rancher
6.1 to 7 oz. bag

**179** 



Assorted Pouches Hershey's, Brookside or barkTHINS 4.7 to 9.9 oz.

**3**99



Hot & Spicy, Strawberry or Caramel & Butter

Shirakiku Cinema Popcorn 1.23 to 2.46 oz.

**1**69



**Cheese Flavor Corn Puff Snack** 

Shirakiku Curvee Puffs 2.46 oz.

2:\$4



**Perfectly Moist** 

# Duncan Hines Cake Mix

15.25 oz.

199

Without coupon 2.19, limit 5 per coupon







Hershey's Syrup 22 to 24 oz. or Baking Chips 8 to 12 oz.

**279** 

Without coupon 2.99, limit 5 per coupon





1318-20



Assorted Singles

Hershey's Candy

1.3 to 2.06 oz.

5:\$5

ea. set

Reeses

(Kit Kat)

HERSHEYS

KTA SUPER STORES

1353-100



D. 1, 2023

Without coupon 5 for 6.00, limit 3 sets per coupon Coupon price good on set purchase only.



Bite Size

Loacker

Quadratini

Wafer Cookies
8.82 oz.

**3**99



Assorted Bags Lindt or Ghirardelli Chocolates 4.1 to 5.32 oz.

**4**59



Nabisco Sale!

belVita Breakfast 8.8 oz., Premium Crackers

9 to 16 oz. or Snack Crackers 3.5 to 9 oz.

**2:\$7** 



**Nabisco Snacks** 

Honey Maid Graham Crackers 12.2 to 14.4 oz., Nutter Butter Wafers 10.5 oz. or Nilla Wafers 11 oz.

2:58



Diamond Bakery

Royal Creem, Saloon Pilot, Soda, Graham Crackers 7 to 9.5 oz. or Hawaiian Shortbread 4.4 oz.

2:57

**Diamond Bakery** Royal Creem, Soda, Graham, Saloon

Pilot Crackers or Animal Cookies 30 to 32 oz.

**7**99



Organic Annie's Bunny Crackers

7.5 oz.

**3**29



Organic Mary's Gone Crackers 6.5 oz.



**Chocolate Bars** 

# Lindt, Ghirardelli or Chocolove

2 to 4.8 oz.

Without coupon 3.29, limit 8 per coupon







Snack Savings! Tate's Cookies 7 oz., Family Size Ritz Crackers 17.8 to 20.5 oz., Nutter Butter Cookies 15.27 to 16 oz., Oreo Cookies 17 to 20 oz., Thins, Gluten Free or Limited Edition 12.2 to 15.25 oz.

ea. set

Without coupon 2 for 10.00, limit 5 sets per coupon Coupon price good on set purchase only.





1355-100



Baked fresh in Hawaii!

#### **Diamond Bakery Soda Crackers** 13 oz.

Without coupon 3.99, limit 5 per coupon





1360-30



Real, simple ingredients!

# **Angie's Boom Chicka Pop Popcorn**

4.5 to 7 oz.











Kosher Certified OUD

Since 1994, our mission at Good Health\* has been to provide tasty, innovative snacks made from simple, delicious ingredients so you can...Enjoy Being Good!\*

#### Positively Snackable!

Organic Lundberg Rice Chips 6 oz.



**Organic** Lundberg **Rice Cake Minis** 

5 07-



Artisanal or Oven Baked

**Epic** Pork Rinds 2.5 oz.



**Almond Flour** Simple Mills Crackers Sale!

4.25 07.



Enjoy these delicious, organic, crunchy cheese puffs without the guilt.

Baked and covered with organic cheese from Organic Valley, these crunchy, munchy mac & cheese flavored puffs are finger-licking fun you won't want to put down.





Kosher Certified





Good Health\* is the trusted snack your whole family can enjoy.



www.utzsnacks.com/collections/good-health

# **Good Health** Veggie Chips, Stix or Organic Cheese Puffs

5.25 to 6.25 oz.

Without coupon 2 for 8.00, limit 5 sets per coupon Coupon price good on set purchase only.





1361-100



All Natural

### **Boulder Canyon Potato Chips**

5.25 to 6.5 oz.

ea. set Without coupon 2 for 8.00. limit 5 sets per coupon Coupon price good on set purchase only.





1362-100



Poppables, Layers, Regular or Wavy Chips

Lay's Potato Snacks 4.75 to 7.75 oz.

2¦\$6<sup>50</sup>



Enjoy with chips!

Tostitos Salsa Sale!

**3**79



Excludes Organic

Baked Cheez-It Crackers or Snack Mix 10.5 to 12.4 oz.

**3**99



Potato Crisps
Pringles
Snack Stacks 12 count

**5**99

**Assorted Flavors** 

Royal Family Mochi

2:53



Crispy or Hi Tempura

Tao Kae Noi Seaweed Snacks 1.12 to 1.41 oz.

**1**79



**Authentic Indian Flavors** 

Patak's Simmer Sauce

**4**59



All-Purpose Seasoning
Bragg Organic
Coconut
Liquid Aminos



**Snack savings!** 

# **Doritos or Tostitos Tortilla Chips**

9.25 to 12 oz.

ea. set









Without coupon 2 for 9.00, limit 5 sets per coupon While supplies last, Sorry no rainchecks. Coupon price good on set purchase only.

**Original or Flavored** 

#### **Pringles Potato Crisps** 5.2 to 5.5 oz.

ea. set





Without coupon 2 for 5.00, limit 5 sets per coupon Coupon price good on set purchase only.

Regular, BBQ or Black Pepper

# **Maxi Taro** Chips

3.5 oz.

Without coupon 2.49, limit 5 per coupon





1366-30



Organic

#### **Wild Harvest Coconut Milk**

13.5 oz.

ea. set



Roasted Seaweed

Japan Food Yaki

Sushi Nori

Sugatami

**Z**49

10 sheets



Seasoning
Kikkoman
All-Purpose
Soy Sauce
2 quarts

**10**<sup>49</sup>



Whole or Pieces & Stems

Mum's Brand Mushrooms 10 oz.



Strips or Tips Shirakiku Bamboo Shoots 15 oz.

2:\$3



Japanese Style

Shirakiku Panko Bread Crumbs

119



Sprinkle over hot rice!

Mishima Furikake Seasoning 1.5 to 1.9 oz.

**3**79



Ready in minutes!

Lee Kum Kee Panda Brand Sauce

8 oz. pouch

**2**79



Panda Brand Lee Kum Kee Flavored Oyster Sauce 18 oz.

**3**<sup>29</sup>



**Assorted** 

# Yamamotoyama Tea Savings!

16 bags

Without coupon 2.99, limit 5 per coupon







Roasted Seaweed

# Shirakiku Yaki Sushi Nori Kiwami

10 sheets

Without coupon 2.99, limit 5 per coupon







Seasoned Shirakiku Korean Nori .58 oz., 3 count

ea. set Without coupon 4 for 6.00, limit 2 sets per coupon Coupon price good on set purchase only.



1372-100



Reg., Premium or Less Sodium

Lee Kum Kee **Soy Sauce** 

64 oz.



Shrimp, Duck, Chicken or Chicken Curry

Thai Chef Ramen Noodles 70 grams

70 grams **4** f **2** r



**Dried Whole or Sliced** 

Family Shiitake Mushrooms

**5**69





Frozen Potato Skins

Lamb Weston

Munchskins

467



serving suggestion

Frozen Cooked Asari Little Neck Clam Meat or Saba Fillet

**7**97



Portuguese Brand Mo'Ono or Linguica

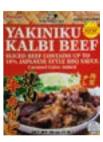
Redondo's Sausage

**3**¦\$5

Wiki Wiki Chef Frozen

Redondo's Yakiniku Kalbi Beef <sup>16 oz.</sup>

**7**99



**Party, Drumettes or Mid-Joint Sections** 

1916 Frozen Chicken Wings 2.5 lbs.

899



Young Boneless 1916 Frozen Chicken Tenderloins 2.5 lbs.



Stir Fry, Chili, Regular or Hot Sesame

**Family Brand** Oil Sale!

6 oz.

Without coupon 2.69, limit 5 per coupon







### **Seafood Savings!**

Frozen Cooked Tail-On Shrimp Ring with Sauce 10 oz., 61 to 70 ct. or Breaded Aji Fry 10.7 oz.

Without coupon 6.27, limit 2 per coupon







**Chilled Fully Cooked** Redondo's **Hawaiian Winners** 16 oz.

Without coupon 4.39, limit 3 per coupon





1530-40







**Minute Maid Orange Juice** Frozen Concentrate 12 oz.



**Bays English Muffins** Chilled 12 oz.

Frozen **Marie** Callender's **Pot Pie** 15 oz.



Frozen Sausage Links or Patties

**Banquet** Brown 'N Serve 6.4 oz.



Frozen with Mozzarella Cheese

**Bosco Sticks** Stuffed **Breadstick** 3.02 oz.



Frozen

**Hot Pockets Stuffed Sandwiches** 4 oz.



More Flavors. More Fun.

**Baskin Robbins** Ice Cream or **Sherbet** 14 07.



#### Michelina's Zap'ems

Rolls 20 oz. or **Boston Market** 

Frozen Pizza Snack

**Meals** 13 to 16 oz.



Frozen Eggo **Waffles** 11.6 to 12.3 oz.

Without coupon 4.19, limit 3 per coupon







**Family Size Banquet Frozen Meals** 24 to 27 oz.

Without coupon 5.59, limit 3 per coupon





1529-40

Frozen with Meat & Sauce Stouffer's Classics Lasagna Party Size 90 oz.

Without coupon 20.49, limit 3 per coupon





1528-50





Cunch Combinations
Oscar
Mayer
Lunchables
3.1 to 4.3 oz.

**3**;\$7



Fully Cooked
Oscar Mayer
Smokies or
Wieners
14 to 16 oz.

**3**89



Scrambled Egg Kit

Ore-Ida Just Crack an Egg

2:56



**Cheddar, Swiss or Provolone** 

Kraft Natural Cheese Slices

439



Original or Light
Yoplait
Flavored
Yogurt
6 oz.

5:56



French Style
Yoplait
Oui
Yogurt
5 oz.

2:\$5



With Sea Salt or Unsalted

Challenge Whipped Butter

**3**59



**Salted or Unsalted** 

Challenge European Style Butter 8 oz.



**Deli Fresh** 

# **Oscar Mayer Meats**

7 to 9 oz.

Without coupon 5.79, limit 3 per coupon







**Chunk, Shredded or Crumbles** 

### **Kraft Natural** Cheese

5 to 8 oz.

Without coupon 4.39, limit 3 per coupon





1524-40



Flavored Yoplait **Original Yogurt** 32 oz.

Without coupon 4.79, limit 3 per coupon





1527-40





**Bakery Assorted** 

Brill Sliced Loaf Cake

**7**49



**Deli Gatherings** 

Hormel Snack Tray

899



Original or Chocolate
Meadow Gold
Macadamia
Milk
64 oz.

**1**29



**Drink Sale!** 

Meadow Gold Passion Orange, POG, Naalehu Waiawi Nectar or Haleakala Dairy Iced Tea 128 oz.

499



Vanilla or Vanilla Fudge

Meadow Gold Nutty Buddy Super Scoops 4 count

**5**49



**Passion Orange Guava** 

Meadow Gold POG Sorbet

1199



Invisible Solid

Dove

Antiperspirant

Deodorant

30% OFF REGULAR PRICES



Shea Velvet, Delicious Glow or Luscious Hydration

Love Beauty and Planet Body Lotion

6<sup>99</sup>



**Assorted Flavors** 

# Bakery Mini Cookies Party Pack

15 oz., 24 count

649

Without coupon 6.99, limit 2 per coupon







From Concentrate

# Meadow Gold 100% Pure Orange Juice

**3**39

Without coupon 3.79, limit 3 per coupon





5 to Feb. 7,



A variety of flavors!

# Meadow Gold Ice Cream or Sherbet

879

Without coupon 9.29, limit 3 per coupon





1532-50



Feb. 7, 2023

# Love, Beauty and Planet Personal Care

Shampoo, Conditioner 13.5 oz. or Body Wash 16 oz.



**Nutrex Supplements** 

BioAstin Supreme Hawaiian Astaxanthin 60 ct., Pure Hawaiian Spirulina 5 oz. Powder or Spearmint Flavor 1000 mg - 180 ct.

**14**99



### Nutrex BioAstin Supplements

Hawaiian Astaxanthin 12mg - 50 ct., EyeAstin 60 ct., JointAstin 120 ct. or TurmericAstin 30 ct.

**18**99





Ricola Cough
Drops Stick 9 count

99¢

Family Size
Ricola
Cough
Drops
34 to 45 ct.

449



Kid's Character

Arm & Hammer Spinbrush Toothbrush

**5**69



Fights bad breath for 24 hours!

TheraBreath Oral Rinse

**8**29



Poise
Daily Liners
44 to 48 ct.
or Pads
14 to 30 ct.

**5**99



# U by Kotex

Security Lightdays Liners 96 ct., Maxi Overnight 28 ct. or Ultra Thin Pads 40 ct.

6<sup>29</sup>



### **Nutrex Supplements**

BioAstin Hawaiian Astaxanthin 12mg - 25 ct., 4mg - 60 ct. or **Pure Hawaiian Spirulina** 500mg - 200 ct.

Without coupon 11.99, limit 5 per coupon







**All Natural** 

#### Ricola **Cough Drops** 19 to 24 count

ea.

Without coupon 2.39, limit 5 per coupon





**Anticavity Fluoride** 

Aim Gel **Toothpaste** 4.4 to 5.5 oz.

Without coupon 1.39, limit 5 per coupon





1391-40





Briefs with Tabs 16 to 20 ct., Guards for Men 52 ct., Fit Flex Men's or Women's Underwear 15 to 19 ct.



Moisturizing
Dial
Body
Wash
16 oz.

**5**<sup>29</sup>



**Deodorant or Skin Care** 

Dial Bar Soap

6<sup>99</sup>



Men's or Lady
Speed
Stick
Deodorant
2.3 to 3 oz.

2:\$5



24 Hour Fresh Irish Spring Body Wash 20 oz.

**5**<sup>29</sup>



Kids SPF 50+

Banana Boat Mineral Foam Sunscreen

**7**99



Kids or Sport SPF 30 Clear Spray

Banana Boat Mineral Sunscreen

**7**99



Ultra

lvory Dish Liquid

**7**97



**Essentials Select-A-Size** 

Bounty Paper Towels 6 big rolls



**Antibacterial or Moisturizing** 

# Dial Liquid Hand Soap

7.5 oz. pump

**169** 

Without coupon 1.99, limit 5 per coupon







12 Hour Fresh Irish Spring Bar Soap 3 bars

**3**19 ea.







n. 25 to Feb

1388-40

Without coupon 3.59, limit 5 per coupon

Sport, Kids or Baby SPF 50

# Banana Boat Mineral Sunscreen

Clear Spray or Lotion 5 to 6 oz.

849

Without coupon 8.99, limit 5 per coupon





1393-50



ep. /, 2023



Convenient!
Kleenex
Slim Pack

SIIM Pa Tissues 3 count

**129** 



A clean, fresh towel every time!

Kleenex Hand Towels 60 count

277



Basic Essential Everyday Foam Cups 51 count - 8 oz.

729



Essential
Everyday
Paper Plates
24 to 45 count

**3**67 ea.





Glad Clear Plastic Cling Wrap 100 square feet

**197** 



Glad Press'N Seal Sealing Wrap Multi-Purpose 70 sq. ft.

**3**88

Reynera Toilet Bowl Brush

**1**99



Essential
Everyday
Broom



### **Kleenex Facial** Tissues Savings!

**Trusted Care, Lotion or** Ultra Soft 120 to 160 ct.

ea. set

Without coupon 2 for 4.50, limit 3 sets per coupon Coupon price good on set purchase only.







**Aluminum** 

# **Essential Everyday Foil**

75 square feet



1380-50



Without coupon 4.47, limit 4 per coupon

ForceFlexPlus Drawstring or Strong Quick-Tie

# **Glad Tall Kitchen** or Large Trash Bags

25 to 80 count

Without coupon 9.99, limit 4 per coupon







1381-100



Premium Household

#### **Essential Everyday Latex Gloves**

1 pair



Strong & durable!

Kitchen Helper Scouring

Pads 5 count

2:\$3



Gentle & flexible!
Netted
Sponge
Sale!

5 count

**2:\$3**99



Infusions

Downy

Fabric

Conditioner

32 oz. liquid **597** 



3in1 or 4in1 Tide PODS Laundry Detergent 15 to 16 count

699



Fast Acting
OxiClean
Laundry Stain
Remover
21.5 oz.

**3**97



OxiClean
Washing
Machine
Cleaner
4 count

699



Multi-Surface

Clorox Disfecting Mist

3.38 oz.

**3**99



Kills bacteria!
Clorox
Disfecting
Wet Wipes
75 count



Blue, Yellow or Pink

### Salux Nylon **Wash Cloth**

1 count

Without coupon 3.99, limit 6 per coupon







Clean & Fresh or Free & Sensitive

# **Tide Simply Laundry Detergent**

92 oz. liquid

Without coupon 7.99, limit 5 per coupon









# **OxiClean Savings!**

Versatile Regular or Free Stain Remover, Odor Blasters, White Revive or Laundry & Home Sanitizer 2.5 to 3 lbs.

Without coupon 7.99, limit 5 per coupon





1383-40



**Original or Fresh Scent** Clorox Clean-Up Cleaner + Bleach 32 oz.





Assorted **9Lives Cat** Food 4 cans - 5.5 oz.

With real bone marrow!

Milk-Bone **MaroSnacks Dog Treats** 40 oz. jar



Ultimate Alkaline AA or AAA

**Essential Everyday Batteries** 4 count



**Long Lasting Essential Everyday Batteries** C, D 4 ct. or 9V 2 ct



70 Hours Runtime

Dorcy **Mini LED** Lantern 1 count



100 Lumens

Coast 3 LED Headlamp 1 count



**Basket Natural** 

Melitta Coffee **Filters** 



#4 White or Natural Melitta

Coffee **Filters** 40 count



**Assorted Flavors** 

# Pup-Peroni **Dog Snacks**

22.5 oz.

Without coupon 9.97, limit 5 per coupon







AA or AAA **Essential Everyday Alkaline Batteries** 

12 count

Without coupon 7.99, limit 6 per coupon







XXS to XXXL

# Hawaiian **Angler Tabis**

1 pair

Without coupon 36.99, limit 6 per coupon





1399-200



**Hawaiian Designs** 

The Islander Group **Porcelain Mug** 

1 count



American-Style
Natural
Ice or Light
Beer
15 cans

10<sup>99</sup>



Beer Savings!
Heineken Premium,

Light, Modelo Especial, Corona Extra, Premier 12 btls./cans, Familiar

or Light 12 btls.

**14**99



Gluten Free
White Claw
Hard
Seltzer
12 cans

16<sup>99</sup>



POG, Citrus, Acai or Dragon Fruit

Maui Hard Seltzer

899



Non-Alcoholic St. Pauli Malt Beverage

**7**99

6 bottles



Classic or Pure
Steinlager
Beer
Buy!
12 bottles

**13**99



**Liquid Aloha** 

Kona Brewing Company Beer

12 btls./cans

**17**99



Island Brewed
Maui
Brewing
Co. Beer
6 cans



Mix cocktails!

New Amsterdam

No. 485 Gin

or Vodka

750 ml.

1299



Regular or Essences Grey Goose Vodka 750 ml.

**23**<sup>99</sup>



Plata or Reposado Hornitos Tequila Savings!

**21**97



Original
Jameson
Irish
Whiskey
750 ml.

**22**97



Rich & Smooth
Proper
Twelve Irish
Whiskey
750 ml.

**20**<sup>99</sup>



Original or Flavored
Jim Beam
Bourbon
Whiskey
750 ml.

1499



Silver or Gold
Jose Cuervo
Especial
Tequila
750 ml.

**15**99



Apple, Peach, Cola or Lemonade

Crown Royal Cocktails 4 cans



California Rodney Strong Vineyards Wines 750 ml.

**14**99



Sonoma County
Decoy
California
Wines
750 ml.

16<sup>99</sup>



Private Selection Robert Mondavi Wines 750 ml.

**7**99



Brut or Extra Dry
Freixenet
Cordon Negro
Wines
750 ml.

1088



Organic Our Daily Red or Cab Wine 750 ml.

**8**99



Extra Dry, Brut or Rose Korbel California Champagne 750 ml.

1199 ea.



Pair with your meal! Clos Du Bois California Wines

750 ml. **97** 

99/



Award-Winning
Black Box
Premium
Wines
3 liter box



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#### **DOWNTOWN, HILO**

Mon-Sat 7am to 8pm, Sun 7am to 7pm 321 Keawe St......935-3751

#### **PUAINAKO, HILO**

5:30am to 9pm 50 East Puainako St. .................959-9111 Pharmacy .................959-8700

#### WAIMEA

#### KTA EXPRESS, KEALAKEKUA

Mon-Sat 6am to 8pm, Sun 9am to 6pm 81-6602 Mamalahoa Hwy.......323-1916

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8750 Bonus

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