Roasted Kabocha with Sesame Miso Sauce

Description

Sweet, nutty kabocha squash gets a delicious upgrade with a savory-sweet sesame miso glaze—roasted to perfection and finished with sesame seeds and green onions for a warm, comforting flavor boost. A cozy side dish that complements any meal beautifully.

Total time: 40 min Yield: 4 servings

Ingredients

2 lb kabocha pumpkin (cut and peeled, 2" pieces)

3 tsp light miso

1/4 cup water

1 Tbsp honey

1 tsp sesame oil

1 Tbsp light oil

1 Tbsp rice vinegar

1 tsp finely grated ginger

2 Tbsp white sesame seeds

2 Tbsp green onions (sliced thin)

Prep Time: 15 min Cooking Time: 25 min Total Time: 40 min

Instructions

In a medium bowl or jar, whisk together the miso, water, honey, toasted sesame oil, light oil, rice vinegar and grated ginger to create the sauce.

Arrange the kabocha on a parchment-lined baking sheet and baste with the sauce. Cook at 350°F for 25 minutes, or until easily pierced with a toothpick. Transfer using a spatula to a serving dish and drizzle with additional sauce; top with toasted sesame seeds and green onion slices.

Recipe brought to you by:

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