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# Coconut Pudding with Seasonal Fruits

## Description

Pudding reminds Chef Alyssa of childhood. It brings a smile to her face every time she has it. It's the ultimate comfort food and this coconut one is so versatile—it can be used as a pie filling as well as served individually.

Total time: 20 min   Yield: 4 servings

## Ingredients

13 1/2 oz full-fat coconut milk  
1/3 cup cane sugar  
1/4 cup cornstarch  
pinch salt  
1 tsp vanilla  
2 cup fresh fruit of choice  
mint (for garnish)

Prep Time: 10 min   Cooking Time: 10 min   Total Time: 20 min

## Instructions

Blend the coconut milk, sugar, cornstarch and a pinch of salt in a blender until smooth. Pour into a medium pot and stir over medium high heat with a whisk. When the pudding starts to thicken, turn down the heat and continue a few minutes more adding in the vanilla at the end. Take off the heat and cool. Chill. Spoon into serving bowls and top with fruit and a sprig of mint.

## Recipe brought to you by:

Chef Alyssa Moreau