Lovely Truffles

Description

Naturally sweetened with dates, these festive bites are a great way to satisfy your sweet tooth.

Total time: 20 min Yield: 12 to 15 balls

Ingredients

1 1/2 cup dates (pitted and cut into small pieces)

1 cup almond flour

4 Tbsp cocoa powder (plus more for rolling in)

1/4 tsp salt

1/4 cup almond butter

Prep Time: 20 min Cooking Time: 0 minutes Total Time: 20 min

Instructions

If dates are on the dry side, soak in hot water for 10 minutes. Combine the dates, almond flour, cocoa powder and salt in a food processor and process until mixed well. Add in half the almond butter and process again. Then continue to add almond butter as needed to form into a cohesive ball. Transfer to a bowl.

Scoop out and roll into a round shape; dust or roll in extra cocoa powder (sifted first, if lumpy).

Store in an airtight container in the refrigerator for up to a week.

Recipe brought to you by:

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