Corned Beef and Cabbage Meatloaf with Irish Whisky Tomato Glaze

Description

Perfect for a St. Patrick's Day celebration, or your next weeknight dinner, the Irish cheddar used in this recipe gives the meatloaf a little extra zing.

Total time: 1 hr 25 min Yield: 6 Servings

Ingredients

1 can corned beef (12 oz. can)

1 lb ground beef (85% lean)

1 cup minute rice

1 egg

3 clove garlic (minced)

1 cup onion (finely diced)

2 cup cabbage (finely diced)

1 cup Irish cheddar cheese (finely shredded)

2 Tbsp Sriracha chili sauce

1 tsp salt

1/2 tsp black pepper

non-stick cooking spray

1/4 cup Irish whisky

3 Tbsp tomato paste

1/3 cup tomato ketchup

Prep Time: 1 hr 25 min Total Time: 1 hr 25 min

Instructions

Preheat an oven to 350° F. In a large mixing bowl add the corned beef, ground beef, rice, egg, garlic, onion, cabbage, cheese, 1 tbsp. sriracha, salt, pepper and mix together well. Spray a large baking dish with a non-stick cooking spray and form the meat mixture into a loaf shape; 1 foot long and 5 inches wide in size. Let the loaf rest while you start working on the glaze. To make the whisky tomato glaze, add the whisky, tomato paste, tomato ketchup and 1 tbsp. sriracha (optional) together in a small bowl and mix well. Spread the glaze on top of the meatloaf and bake for 55 minutes or until done.

Recipe brought to you by:

Chef Ryan Covert

Source:			
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