
Greek-Style Pasta Salad with Spinach

Description

Try this colorful, healthy salad and also learn to make a tasty Tomato Basil dressing.

Total time: 1 hr Yield: 4 Servings

Ingredients

1 cup orange juice
2/3 cup tomato sauce
6 oz tomato paste
1 cup packed fresh basil
2 clove garlic (minced)
1 tsp garlic salt
1/4 cup apple cider vinegar
3 Tbsp extra virgin olive oil
salt
pepper
8 oz rotini or rotelle pasta (cooked al dente)
1/2 cup sliced black olives
1 cup diced tomato
1/2 cup feta cheese (crumbled)
1 medium Japanese cucumber (quartered lengthwise and sliced 1/2" thick)
1 medium green or red bell pepper (diced)
1/2 cup red onion (slivered)
6 cup baby spinach

Prep Time: 1 hr Total Time: 1 hr

Instructions

Make the dressing by combining the orange juice, tomato sauce, tomato paste, basil, garlic salt, apple cider vinegar and olive oil in a blender or processor. Add salt and pepper to taste. Pulse until the basil is chopped and the dressing has a smooth consistency. Set aside.

Mix together the pasta, olives, tomatoes, feta cheese, cucumber, bell pepper and onion; then season with salt and pepper. Lightly toss with about 1/2 cup of the dressing and layer on top of the spinach. To serve you can plate servings individually or as one big salad, family style.

Recipe brought to you by:

