Greek-Style Pasta Salad with Spinach

Description

Try this colorful, healthy salad and also learn to make a tasty Tomato Basil dressing.

Total time: 1 hr Yield: 4 Servings

Ingredients

1 cup orange juice

2/3 cup tomato sauce

6 oz tomato paste

1 cup packed fresh basil

2 clove garlic (minced)

1 tsp garlic salt

1/4 cup apple cider vinegar

3 Tbsp extra virgin olive oil

salt

pepper

8 oz rotini or rotelle pasta (cooked al dente)

1/2 cup sliced black olives

1 cup diced tomato

1/2 cup feta cheese (crumbled)

1 medium Japanese cucumber (quartered lengthwise and sliced ½" thick)

1 medium green or red bell pepper (diced)

1/2 cup red onion (slivered)

6 cup baby spinach

Prep Time: 1 hr Total Time: 1 hr

Instructions

Make the dressing by combining the orange juice, tomato sauce, tomato paste, basil, garlic salt, apple cider vinegar and olive oil in a blender or processor. Add salt and pepper to taste. Pulse until the basil is chopped and the dressing has a smooth consistency. Set aside.

Mix together the pasta, olives, tomatoes, feta cheese, cucumber, bell pepper and onion; then season with salt and pepper. Lightly toss with about ½ cup of the dressing and layer on top of the spinach. To serve you can plate servings individually or as one big salad, family style.

Recipe brought to you by:

